

**SOUTH EAST AND CENTRAL ESSEX MIND LTD**  
(Registered Charity No. 1148451)

**CYP Counsellor Contractor – Self Employed, £25 per session**

**Role Summary:**

To provide one to one counselling and support in a variety of ways to children and young people aged 11-18 (up to age 24 if SEN eligible) who suffer from mental health issues in order to enhance their quality of life and opportunities.

To provide mentoring and support via Zoom or by telephone. Referral/signposting of young people to other services if appropriate.

To identify, record and report safeguarding issues effectively and any other relevant legislation relating to young people's services, maintaining confidentiality at all times.

Maintain timely and accurate records of counselling sessions, using our CRM system 'Charity Log'.

Consult/update Therapy Services Manager with progress and any issues arising from the service.

Essential Qualifications:	A BACP or equivalent accredited Diploma in Psychotherapy or counselling is required. Accredited membership of the BACP/UKCP is desirable.
Essential Experience:	Experience of working with and providing counselling to young people who have experienced a mental health or wellbeing issue. Experience of virtual counselling is desirable.
Essential Requirements:	Evidence of a suitable enhanced DBS check. Evidence of counselling/therapeutic qualifications. To arrange own clinical supervision in accordance with BACP guidelines. Commitment to on-going professional development.

Please submit your CV by email to [hr@secemind.org.uk](mailto:hr@secemind.org.uk)

For further information please contact Thania Khan at [thania.khan@secemind.org.uk](mailto:thania.khan@secemind.org.uk) or telephone 01702 601123.